

How to Self-Rate

1. Go to <u>https://tennislink.usta.com/Leagues</u> and log into your account.



2. Click on the "Self Rate" button. A pop-up window will appear. If you don't see it, you may need to disable your pop-up blocker.

Hawaii Pacific > Oahu	Sara Yoshinaga L	
Start Playing Have a USTA Account and a team #? REGISTER FOR A TEAM	Stats and Standings Stats and Standings Liter Player name, USTA Account, team # or match # SEARCH	Find NTRP Rating Info Enter USTA Account, team # or player name
Don't have a team #? FIND A LEAGUE	League Advanced Search Championship Advanced Search Need to enter or confirm scores? ENTER SCORES	Advanced Search Facility Search SELF RATE

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3. The following screen will appear. Read through the information and check the box and click on the "Continue with Self-Rate" button.

Player Self-Rate

Welcome and thank you for y who will turn 18 during the cu beginning the self-rate proces	our interest in obtaining an rrent calendar year. Please ss.	NTRP self-rating for adults read the following importa	age 18 and over or for those nt information before	
You have se	elected the following player	to self-rate.		
complete the self-rate prov RP Self-Rating. If, after co- nimum rating assigned in the curate. If you feel the rating end of this questionnaire.	cess, please answer a short mpleting this questionnaire his self-rate process, it is im g you were given is too high	t questionnaire that will hel , you feel your actual rating portant to choose the level , you will have an opportur) determine your minimum should be higher than the you believe to be most nity to appeal your rating at	
s strongly recommended the curacy. Players who allow s any information submitted half of another may also be	hat a player submit their own someone else to complete t and/or omitted. Captains o e held accountable for the s	n Self-Rate Questionnaire the self-rate process on the r others who complete the ubmission of omitted or ina	o assure completeness and ir behalf will be responsible Self-Rate Questionnaire on accurate information.	
for proceeding, please re mine your correct level of	view the <u>General & Experio</u> of play.	enced Player Guidelines	, which will help you	
Please check:				
I state that the answers to be held accountable for any a	o the questions that follow w and all information provided.	vill be complete and accura	te, and understand that I will	
	Cancel (Close Window)	Continue with Self-Rate		
USTA League Note: Players practicing should be aware th will improve within a relatively should enter the USTA Leagu	who are good athletes or in at their improvement will lik y short period of time. These ie program at a higher level	ntend to spend a good deal sely be significant enough to players who intend to pla of play at the beginning of	of time taking ussons and nat their original self-rating y on a USTA League team the local league season.	



4. You will see several screens with questions. After all the questions have been answered, you will see the screen below. Select one of the choices and then click the "Submit" button.

Player Self-Rate Questionnaire Completed

Congratulations, Sector , on completing your Self-Rate questionnaire! Based on your answers, you have been assigned a minimum NTRP level of 2.5. If you have a previously published NTRP level, the newly assigned minimum NTRP level cannot be lower.
Select one of these choices and then click Submit:
Select the assigned minimum NTRP level of 2.5.
Select a higher NTRP level based on your experience and ability.
Appeal your assigned self-rate by selecting a lower NTRP level. You will then need to complete a Self-Rate Appeal request form.
Submit
If you do not select one of these choices and cancel out of the process completely, then you will be automatically assigned the minimum NTRP level of 2.5 . You have the right to appeal this NTRP level at a later time.

5. You have successfully completed the self-rate process and now have an NTRP rating to use for league play.